

## CGS CARE HOLIDAY PROGRAMME OCTOBER 2019

CGS Care is the out of school hours care programme at Canberra Grammar School. Managed by the School, CGS Care incorporates all before school, after school and holiday care programmes at the School's Northside and Southside campuses from Pre-School to Year 6. Children beyond the CGS community are welcome to participate in each of the holiday programmes offered by the School.

Working in partnership with families, CGS Care educators engage children actively in learning by providing a combination of indoor and outdoor activities each day. Our children are viewed as being active participants within the care programme, with their input into decisions sought. It is our children's capacity to initiate and lead learning, and knowledge of their strengths and interests, that inform the breadth of learning opportunities on offer.

Through the CGS Care programme, our children strengthen their personal and social capabilities: their independence, initiative, confidence, resilience and adaptability flourish. The programme is a very social one and yet those children needing personal space and quiet opportunities for individual play are equally catered for.

### Important Information for Programme Activities – What will my child(ren) be doing and what do they need to bring?

Please see below for the programmed activities that have been decided upon based on feedback from children, educators and families. Additional activities always available throughout the programmes include Hama Beads, LEGO, Mobilo, Blocks, Construction, Outside Play, Board Games, Card Games, Books, Drawing materials, Scooters, Dress-ups, Peg Boards, Dramatic Play, Blank Paper, Writing Materials, Marble Maze, Beading, and Painting.

There will be a combination of inside play and outside play, including structured group games, a variety of sporting equipment and spontaneous activities. If your child(ren) has a special interest in an activity or something that we have not covered in our programme, please approach the educators, and we will do our best to incorporate this.

Except for within the ELC Holiday Programme, child(ren) are welcome to bring a bicycle, scooter and helmet in good condition on any day during the programme. Students attending the Junior School (Year 2-6) Holiday Programmes should also bring a towel and swimmers each day, as swimming may be on offer in the afternoons.

Please bring a packed lunch, morning tea, hat and drink bottle each day.

**Please note that certain programmes that are operating off campus require additional permission. This permission can be given via completing the permission slip included at the end of this programme. Please return to [cgscare@cgs.act.edu.au](mailto:cgs care@cgs.act.edu.au) or to Southside Reception.**

# NORTHSIDE SCHOOL HOLIDAY PROGRAMME

## OCTOBER 2019

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 30 September to 4 October	<b>30 SEPTEMBER</b> <i>Fiesta Mexicana</i> <ul style="list-style-type: none"> <li>Decorate maracas</li> <li>Enjoy a Mexican lunch</li> <li>Mexican piñata</li> <li>Dress up in Mexican clothes with ponchos and sombreros</li> <li>Watch Disney's Coco during rest time</li> </ul>	<b>1 OCTOBER</b> <i>Canberra walk in Aviary</i> 10:00am – 1:30pm <ul style="list-style-type: none"> <li>Walk among nearly 500 beautiful birds in the Canberra Walk In Aviary. Each person will have the opportunity to feed</li> </ul>	<b>2 OCTOBER</b> <i>Cooking Day</i> <ul style="list-style-type: none"> <li>Shake your own milkshakes</li> <li>Make Milo balls</li> <li>Frozen banana bites</li> </ul>	<b>3 OCTOBER</b> <i>Explore Floriade</i> 11:00am – 2:00pm Children will explore Floriade, and appreciate the beautiful floral displays, and play at the Commonwealth Park Playground. The children will have the opportunity to paint their own gnomes back at Northside. <i>(Please ensure your child has a drink bottle and hat)</i>	<b>4 OCTOBER</b> <i>Hoyts Belconnen</i> 11:30am – 2:30pm Paw Patrol: Ready Race Rescue
<b>WEEK 2</b> 7 to 11 October	<b>7 OCTOBER</b> <i>Public Holiday – Labour Day</i>	<b>8 OCTOBER</b> <i>Bush School</i> 10:30am – 1:00pm The children will walk to Mount Ainslie to explore the natural environment. They will have the chance to climb, build and explore the area with their buddy groups.	<b>9 OCTOBER</b> <i>Under the Sea</i> <ul style="list-style-type: none"> <li>Continue our Marine Life Unit of Inquiry research using books, documentaries, and the internet</li> <li>Have an under the sea picnic</li> <li>Make and decorate jellyfish</li> <li>Collaborative ocean zones artwork</li> </ul>	<b>10 OCTOBER</b> <i>Kambah Adventure Playground</i> 10:00am – 2:00pm A play at the park with our buddies from ELC, Southside, and Junior School to facilitate cross-campus community relationships. <i>(Please ensure your child has a drink bottle and hat)</i>	<b>11 OCTOBER</b> <i>Spring Gardening</i> <ul style="list-style-type: none"> <li>Look after our Northside garden</li> <li>Taste some the produce from the Northside garden</li> <li>Plant some teacup sprouts</li> <li>Make a flower chain</li> </ul>

# EARLY LEARNING CENTRE SCHOOL HOLIDAY PROGRAMME

## OCTOBER 2019

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 30 September to 4 October	<b>30 SEPTEMBER</b> <i>The Very Hungry Caterpillar</i> <ul style="list-style-type: none"> <li>Enjoy a feast inspired by the book.</li> <li>Decorate a cupcake that will be eaten at the feast.</li> <li>Make a hungry caterpillar</li> </ul>	<b>1 OCTOBER</b> <i>Cockington Green Gardens</i> 10:00am – 1:30pm <ul style="list-style-type: none"> <li>Miniature steam train ride</li> <li>Picnic</li> </ul>	<b>2 OCTOBER</b> <i>Bush School</i> 10:30am – 1:00pm The children will walk to Red Hill with Southside and Junior School to explore the natural environment. They will have the chance to climb, build and explore the area with their buddy groups.	<b>3 OCTOBER</b> <i>Construction Zone</i> <ul style="list-style-type: none"> <li>Painting with tools/blocks</li> <li>Make a 3D wooden plane</li> </ul>	<b>4 OCTOBER</b> <i>Hoyts Belconnen</i> 11:30am – 2:30pm Paw Patrol: Ready Race Rescue
<b>WEEK 2</b> 7 to 11 October	<b>7 OCTOBER</b> <i>Public Holiday – Labour Day</i>	<b>8 OCTOBER</b> <i>ELC in Wonderland</i> <ul style="list-style-type: none"> <li>Mad Hatter's tea party</li> <li>Make your own hat</li> <li>Decorate a mug</li> </ul>	<b>9 OCTOBER</b> <i>Tram Ride and Merry-Go-Round</i> 10:00am – 2:00pm <ul style="list-style-type: none"> <li>Ride the tram from Gungahlin to the city</li> <li>Merry-Go-Round</li> </ul>	<b>10 OCTOBER</b> <i>Kambah Adventure Playground</i> 10:00am – 2:00pm A play at the park with our buddies from Southside, Northside and Junior School to facilitate cross-campus community relationships. <i>(Please ensure your child has a drink bottle and hat)</i>	<b>11 OCTOBER</b> <i>Bikes and Scooters</i> Bring your bike or scooter to school and go for a ride on the basketball courts.

# SOUTHSIDE KINDERGARTEN – YEAR 2 SCHOOL HOLIDAY PROGRAMME

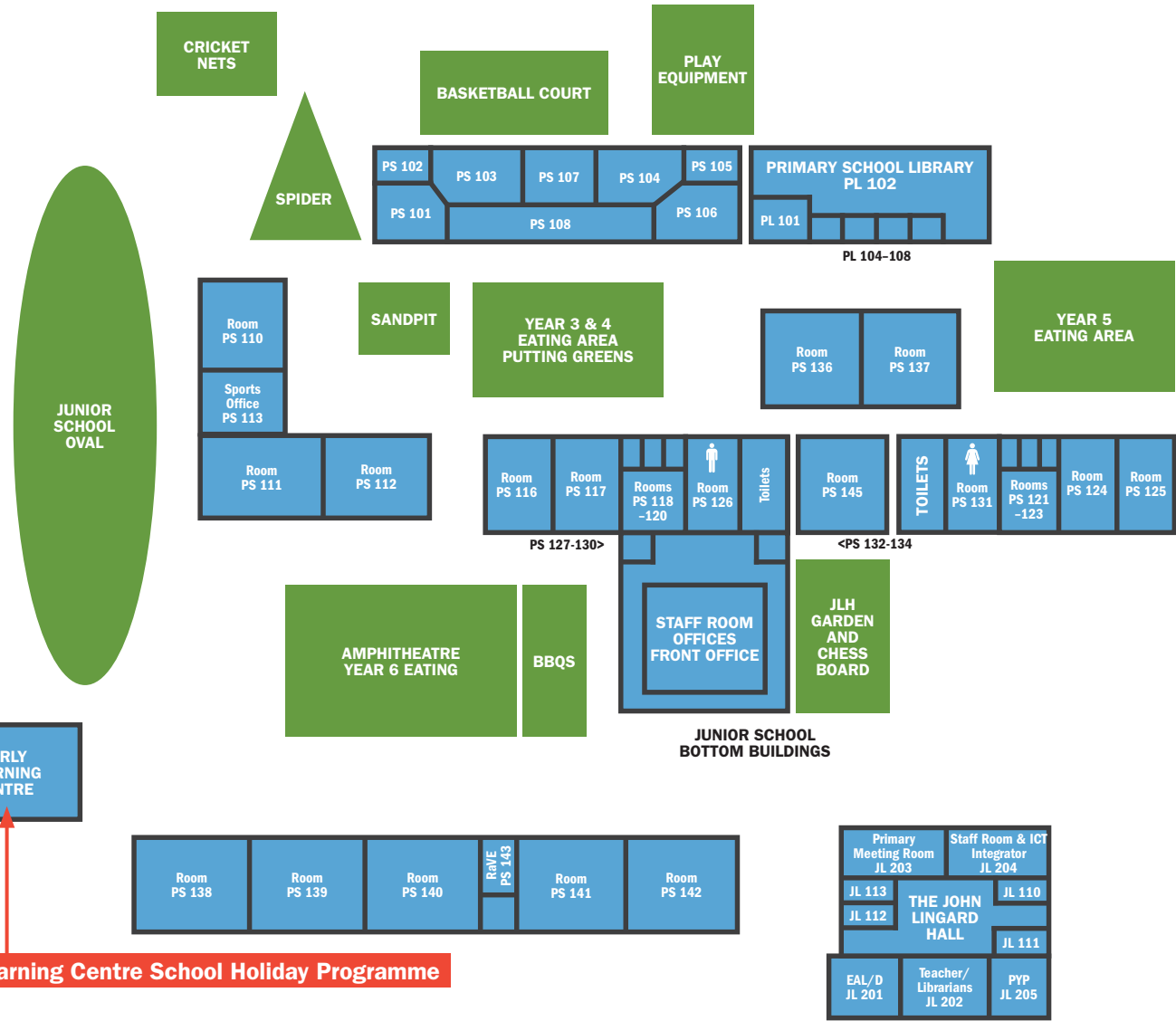
## OCTOBER 2019

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 30 September to 4 October	<b>30 SEPTEMBER</b> <i>Zen Day</i> <ul style="list-style-type: none"> <li>Yoga with Ms Brearley</li> <li>Mindfulness activities</li> <li>Crystal meditation</li> <li>DIY bath bombs</li> </ul>	<b>1 OCTOBER</b> <i>French Journée</i> <ul style="list-style-type: none"> <li>Tour De France</li> <li>French artist inspired self portraits</li> <li>Ham and cheese croissant</li> </ul> <i>(Children are encouraged to bring their bikes and helmets as well as a drink bottle and hat)</i>	<b>2 OCTOBER</b> <i>Bush School</i> 10:30am – 1:00pm The children will walk to Red Hill with ELC and Junior School to explore the natural environment. They will have the chance to climb, build and explore the area with their buddy groups.	<b>3 OCTOBER</b> <i>Explore Floriade</i> 11:00am – 2:00pm <ul style="list-style-type: none"> <li>Children will explore the colourful grounds of Commonwealth Park appreciating the flower designs and art sculptures. Children will also enjoy a picnic lunch.</li> <li>Paint a gnome</li> </ul> <i>(Please ensure your child has a drink bottle and hat)</i>	<b>4 OCTOBER</b> <i>Hoyts Belconnen</i> 11:30am – 2:30pm The Angry Birds Movie 2
<b>WEEK 2</b> 7 to 11 October	<b>7 OCTOBER</b> <i>Public Holiday – Labour Day</i>	<b>8 OCTOBER</b> <i>Kids in the Garden</i> <ul style="list-style-type: none"> <li>Decorate a seedling pot</li> <li>Special guest; Greg the Gardener</li> <li>Plant fruit and vegetables for the Primary School Edible Garden</li> <li>Visit the CGS Hothouse</li> </ul>	<b>9 OCTOBER</b> <i>Tram Ride and Merry-Go-Round</i> 10:00am – 2:00pm <ul style="list-style-type: none"> <li>Ride the tram from Gungahlin to the city</li> <li>Merry-Go-Round</li> </ul>	<b>10 OCTOBER</b> <i>Kambah Adventure Playground</i> 10:00am – 2:00pm A play at the park with our buddies from ELC, Northside and Junior School to facilitate cross-campus community relationships. <i>(Please ensure your child has a drink bottle and hat)</i>	<b>11 OCTOBER</b> <i>Disco Day</i> <ul style="list-style-type: none"> <li>Glow sticks</li> <li>Balloons</li> <li>DJ</li> </ul>

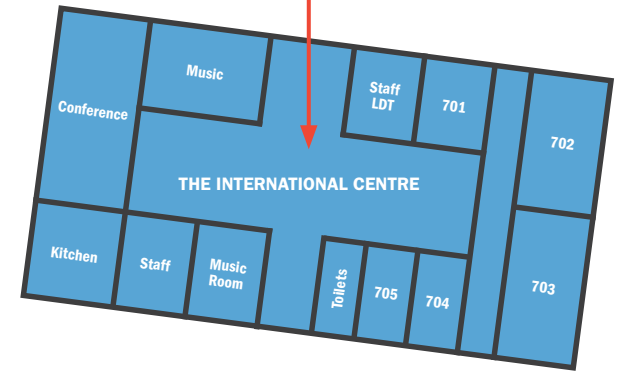
# JUNIOR SCHOOL YEARS 3 – 6 SCHOOL HOLIDAY PROGRAMME

## OCTOBER 2019

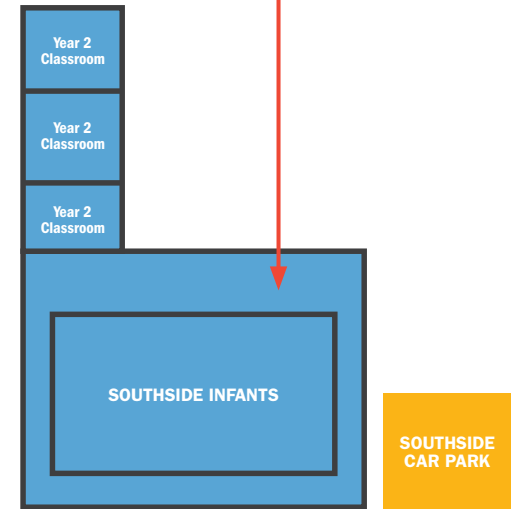
WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>WEEK 1</b> 30 September to 4 October	<b>30 SEPTEMBER</b> <i>CGSCare Escapes!</i> A fun day filled with riddles and puzzles to solve, also will be doing our very own escape room!	<b>1 OCTOBER</b> <i>Colours of the rainbow</i> <ul style="list-style-type: none"> <li>• Make your own tie dye shirt</li> <li>• Make your own rainbow fruit platter</li> <li>• Marble cupcakes</li> </ul>	<b>2 OCTOBER</b> <i>Bush School</i> <b>10:30am – 1:00pm</b> The children will walk to Red Hill with ELC and Southside to explore the natural environment. They will have the chance to climb, build and explore the area with their buddy groups.	<b>3 OCTOBER</b> <i>The National Gallery of Australia</i> <b>10:00am - 1:30pm</b>	<b>4 OCTOBER</b> <i>Hoyts Belconnen</i> <b>11:30am – 2:30pm</b> The Angry Birds Movie 2
<b>WEEK 2</b> 7 to 11 October	<b>7 OCTOBER</b> <i>Public Holiday – Labour Day</i>	<b>8 OCTOBER</b> <i>Doubleshot Deakin for Lunch</i> <b>11:00am – 1:00pm</b>	<b>9 OCTOBER</b> <i>Dude Perfect Trick Shots!</i> <ul style="list-style-type: none"> <li>• Recycling trick shots</li> <li>• Watch some dude perfect videos</li> <li>• Have a trick shot battle</li> </ul>	<b>10 OCTOBER</b> <i>Kambah Adventure Playground</i> <b>10:00am – 2:00pm</b> A play at the park with our buddies from ELC, Northside and Junior School to facilitate cross-campus community relationships. <i>(Please ensure your child has a drink bottle and hat)</i>	<b>11 OCTOBER</b> <i>Indoor Rock Climbing Mitchell</i> <b>10:30am - 12:45pm</b>



**Junior School Years 3 – 6 School Holiday Programme**



**Southside Kindergarten – Year 2 School Holiday Programme**



**Early Learning Centre School Holiday Programme**





## OCTOBER HOLIDAY CARE - PERMISSION FORM 30 September – 11 October, 2019

ELC = Early Learning Centre (Pre-School & Pre-Kindergarten) at Red Hill Campus  
JS = Junior School Years 3 – Year 6 at Red Hill Campus

SS = Kindergarten to Year 2 at Red Hill Campus  
NS = Pre-Kindergarten – Year 2 at Northside Campus

PLEASE TICK	PROGRAMME	DAY/DATE	DESTINATION	TIME OF EXCURSION	TRANSPORT METHOD	REASON	PROPOSED ACTIVITIES	ANTICIPATED NO. OF CHILDREN	ANTICIPATED NO. OF STAFF
<input type="checkbox"/>	ELC	Tuesday 01/10/19	Cockington Green Gardens	10:00am – 1:30pm	Q City Transit Group	To enjoy the gardens and displays, have a train ride and lunch in the gardens.	Visit the miniature display village and have a ride on the train.	45	9
<input type="checkbox"/>	NS	Tuesday 01/10/19	Canberra Walk In Aviary	10:00am – 1:30pm	Q City Transit Group	To follow up on the children's suggestion for proposed holiday care experiences.	Children will spend time in the aviary with the birds.	30	4
<input type="checkbox"/>	ELC SS JS	Wednesday 02/10/19	Bush School Red Hill	10:30am – 1:00pm	Walking	To continue on our Bush School and buddy programme while spending quality time in nature spaces.	The children will walk in groups and explore Red Hill.	80	12
<input type="checkbox"/>	SS NS	Thursday 03/10/19	Floriade	11:00am – 2:00pm	Q City Transit Group \ School Bus	To experience one of our nation's leading floral displays and enjoy time outdoors.	The children will discover Floriade in small groups and enjoy a picnic lunch in Commonwealth Park.	50	10
<input type="checkbox"/>	JS	Thursday 3/10/19	National Gallery of Australia	10:00am – 1:30pm	Q City Transit Group \ School Bus	To extend on the Unit of Inquiry, and explore how we express ourselves through art.	The children will have an iPad guided tour of the gallery and look at how the can express themselves through art.	30	4
<input type="checkbox"/>	ELC SS NS JS	Friday 4/10/19	Hoyts Belconnen	11:30am – 2:30pm	Q City Transit Group \ School Bus	To enjoy seeing new release movies at the cinema, the children have asked to go to Hoyts these holidays.	To watch a movie in the cinema.	120	16
<input type="checkbox"/>	NS	Tuesday 8/10/19	Bush School – Mount Ainslie	10:30am – 1:00pm	Walking	To continue our buddy programme and provide time for play in a natural environment.	Children will walk to Mount Ainslie to explore the natural environment. They will have the chance to climb, build and explore the area with their buddies.	20	4
<input type="checkbox"/>	JS	Tuesday 8/10/19	Doubleshot Deakin	11:00am – 1:00pm	Walking \ School Bus	To follow up on the children's request and to build on our life skills programme.	To enjoy lunch together.	30	4
<input type="checkbox"/>	ELC SS	Wednesday 9/07/19	Tram ride and Merry-Go-Round	10:00am – 2:00pm	Q City Transit Group	To include a suggestion from one of the parents and to experience the new tram in the city.	Children will catch a bus to Gungahlin and ride the full tram line to the city. The children will also ride on the Merry-Go-Round and enjoy lunch together in Glebe Park.	45	10



PLEASE TICK	PROGRAM	DAY/DATE	DESTINATION	TIME OF EXCURSION	TRANSPORT METHOD	REASON	PROPOSED ACTIVITIES	ANTICIPATED NO. OF CHILDREN	ANTICIPATED NO. OF STAFF
<input type="checkbox"/>	ELC SS NS JS	Thursday 10/10/19	Kambah Adventure Park	10:00pm – 2:00pm	Q City Transit Group \ School Bus	To spend time with our buddies and explore the playground.	To play on the playground and enjoy lunch together with our buddies.	100	15
<input type="checkbox"/>	JS	Friday 11/10/19	Indoor Rock Climbing	10:30am – 12:45pm	Q City Transit Group \ School Bus	To follow up on a child's suggestion.	The children will spend a couple of hours at the center working together to climb.	30	4
<input type="checkbox"/>	JS	As requested by the children.				Children will go swimming in the CGS pool.  Please indicate your child's swimming ability <input type="checkbox"/> Non swimmer <input type="checkbox"/> Can swim unaided 25m <input type="checkbox"/> Can float <input type="checkbox"/> Can swim unaided 50m <input type="checkbox"/> Can swim correct style for 10m <input type="checkbox"/> Can swim unaided 100m		10	2

**While on excursions, ratios are maintained at 1:8 or 1:5 near water, or below at all times. A risk assessment has been prepared and is available for all excursions.**

I \_\_\_\_\_ give permission for my child(ren) \_\_\_\_\_ to participate in the activities selected.

I also give permission for my child(ren) to:             Watch PG movies                       Go on walks around the local area

Signed: \_\_\_\_\_ Date: \_\_\_\_\_