

EXPAND SCHOOL HOLIDAY ACTIVITIES – July 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 1 – 5 July	1 JULY Kids in the Kitchen- Japan Wire creations VR Canberra <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	2 JULY Exploring Fossils Winter crafts Powerkarts <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	3 JULY Tie Dye Kids in the kitchen- Lunchbox fillers Glassworks <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	4 JULY Macrame BlocHaus <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Dinosaur Museum <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	5 JULY Kids in the Kitchen - Winter Warmers Claymation Resin Craft
Week 2 8 – 12 July	8 JULY Indigenous Clay Experience Soap and Bath Bombs using native Ingredients Golf <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	9 JULY Science- Physics-: The real use of Force Kids in the Kitchen - <i>Celebrating Indigenous Culture</i> Ninja Parc Fyshwick <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	10 JULY Cupcakes with Frankie Bear Bakes and Designs Chess with Jordan Wicked Candles	11 JULY Cookies with Frankie Bear Bakes and Designs Academy of Magic Soccer workshop with Para- Matildas coach (Kindergarten – Year 2)	12 JULY Cricut Designs with Frankie Bear Bakes and Designs Indigenous Culture workshop (K-2) Soccer workshop with Para- Matildas coach (Year 3 - 6)
Week 3 15 – 19 July	15 JULY Kids in the Kitchen - Italian Bricks4Kids Aerial Sports <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	16 JULY Science- Reactions: Marvellous Mixtures and Chemical Reactions Jewellery Making AIS <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	17 JULY Chess with Jordan Rugby Workshop <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Latorta <i>Excursion</i> - Snow Beanie Cake Please come to Holiday Programme wearing your CGS PE Polo Shirt	18 JULY Pokémon- Study them all Kids in the Kitchen- Winter Warmers Holey Moley <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt	19 JULY Mosaics Art Workshop Nature Craft Tree Tops Adventures <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt
Week 4 22 July	22 JULY No Expand Activities				

CGS CARE EXPAND

The CGS Care Expand programme offers specialised experiences and excursions across a variety of learning areas. These programmes provide children with the opportunity to foster and enhance skill sets and interests that align with their cultural, creative, physical, and technological intelligence.

All activities commence at 9:00am, however, children may be dropped off between 7:30am to 8:15am at the International Centre Foyer, from 8:15am-9:00am please drop the children off at PS 137. From here, the children will be escorted by CGS Care educators to the area where their activity will commence.

At the completion of each day's activity, the children will be provided with a light afternoon tea on the terrace at the Southside building, this occurs at 3:00pm. Children can be collected from this location until 3:30pm. Educators then separate children into their respective programmes for the remainder of the afternoon, K-1 in the Southside Building and Year 2-6 Children in the International Centre.

To make an enrolment, visit the My Family Lounge on the CGS website:

[CGS.ACT.EDU.AU/PRIMARY-SCHOOL/CGS-CARE](https://cgs.act.edu.au/primary-school/cgs-care)

Childcare subsidy is claimable for all bookings of primary children.

For further information, please contact CGS Care on +61 (2) 6260 9656

or **cgscare@cgs.act.edu.au**

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ACADEMY OF MAGIC

Do you love all things fantastical and Magical? Then this is the day for you.

From Harry Potter to Lord of the Rings or Wings of Fire, there are boundless worlds to explore. A day to learn about witches, sorcerers, knights, dragons and much more. Dressing up is welcome.

Students will have the opportunity to mix potions, craft, dream catchers, create their own fantastic beasts and much more.

DATE Thursday 11th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

AREIAL SPORTS

Excursion

Acrobatics is the art of counterbalance and feats of strength. This programme will explore basic aerial acrobatics with a mix of Circus skills. It's an opportunity for children to build strength, flexibility and knowledge of the Acrobatic Industry as well as taking risks in a fun environment.

This is a mixed level class, so children of all abilities can join in.

DATE Monday 15th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

AIS TOUR

Excursion

Calling all sports fans and athletes to come along as we embark on a tour of the AIS in the year of the Olympics. You never know, you may end up catching a glimpse of some famous athletes training.

Challenge yourself in the interactive sports exhibit, learn about Australia's rich sporting history, all while being inspired to be physically active.

DATE Thursday 16th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

BLOC HAUS

Excursion

Suitable for children in Year 3 – Year 6

Come along for an excursion to Boc Haus Bouldering Centre. Bouldering is a form of free climbing that is performed on small rock formations or artificial rock walls without the use of rope and harnesses. The students will have the chance to free climb for two hours in the centre.

DATE Thursday 4th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

BRICKS4KIDZ

Incursion

Do you like Lego? Are you a fan of Lego Masters? Come along for a day filled with all things Lego. You will be challenged to create a range of builds while being guided by a team of trained professionals from Bricks4Kids. Feel free to bring along designs that you would like to master

DATE Monday 15th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

CHESS

Come along and learn how to play chess with the Sydney Academy of Chess. This programme is suitable for students of all abilities. Students will participate in demonstrative lessons and then apply their knowledge in a variety of chess competitions and activities. The programme is designed to teach children chess strategies while playing the game.

DATES Wednesday 10th July and Wednesday 17th July

SESSION 9:00am to 3:00pm

COST \$140 per day

CLAYMATION

Come along and learn the techniques of Claymation, using plasticine to create characters and a stop motion application to record your own video. Children are encouraged to bring along Lego and other

props that they would like to sue in the videos. Please Note: School iPads will be available. Those who choose to use their own iPads will need to download the Stop Motion studio.

DATE Friday 5th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

CRICUT DESIGNS - FRANKIE BEAR DESIGNS

Incursion

In this workshop you will get the opportunity to design and create a range of personalised products using the Cricut Machine. You will be guided by the creative Kirralea of Frankie Bear designs.

The children will get the chance to personalise 3 products from a selection of items on the day, which they can take home.

DATE: Friday 12th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

DINOSAUR MUSEUM EXCURSION

Excursion

Come along for an excursion to the Dinosaur Museum to discover one of the biggest permanent collections of interactive Dinosaurs in Australia. The students will have the opportunity to get up close to the skeletons and fossils, while also learning about the pre-historic world.

After the excursion the students will return to school to complete a range of activities, including how fossils are discovered and uncovering their own to take home.

DATE Thursday 4th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

EXPLORING FOSSILS

If you love Dinosaurs and the Pre-historic world then this day is for you. Fun, games, fossils, books and more. Reconstructing skeletons, casting fossils and look at Dinosaur tracks. Plenty of new activities for those that have been before.

It's sure to be a roaring time.

DATE: Tuesday 2nd July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

FRANKIE BEAR DESIGNS- CUPCAKES AND COOKIES

IncurSION

Kirralea has worked with school age children for the past 17 years. Kirralea started Frankie Bear bakes and designs a couple of years ago. She will teach the children all the tricks of the trade with regards to baking and decorating. On the Wednesday the children will bake cupcakes and Thursday will be cookies. You can book in for just one day or even both. The children will have the opportunity to take home their baked goods to share with their families.

DATE: Wednesday 10th July and Thursday 11th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

GLASSWORKS

Suitable for children in Year 2 – Year 6

Excursion

Come along to our Glassworks program and unleash your imagination with glass. Under the guidance of professional glass artists, you will learn Introductory techniques that are used in the art of glass making to create your own unique glass tile. Students will learn how to cut glass which can then be used to let their two-dimensional designs come to life.

After the class, all designs will be fired in a kiln over several days, to allow the glass pieces to fuse together.

DATE Wednesday 3rd July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

GOLF DAY

Excursion

Are you a fan of Golf or would you like to improve your skills? Come along and join us for a day out at the driving range to practise your swings. Following this we will have a round of 18 holes in Pitch and Putt.

DATE Monday 8th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

HOLY MOLY GOLF AND ESCAPE ROOMS

Excursion

Suitable for children in Kindergarten– Year 6

Come along for a jam-packed day of fun and adventure!

Children will get the chance to play 18 rounds of mini golf and complete 2 sets of Challenge Rooms, while competing against their peers. Who will come out on top?

To top the day off the children will share in a much-needed lunch together, while reminiscing on the day's fun.

DATE Wednesday 17th April 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

INDIGENOUS CLAY EXPERIENCE

In celebration of NAIDOC Week, the children will delve into learning about an Indigenous Dream Time Story. They will then use Air dry clay to re-create a native animal from the story or several.

They will learn about how the Traditional Owners used items in nature to create clay, which was then used to make a variety of tools and structures.

DATE Monday 8th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

INDIGENOUS CULTURAL WORKSHOP

Incursion

During this workshop you will learn from Aunty Marie of Koori Connections. The day will start with a food workshop, where you go on a journey through time while learning how the Indigenous Culture used resources that were found in nature to create food. The second part of the workshop will allow you to create your own art form, using shells.

The day will be finished off with learning about how Indigenous art works are developed-using a range of symbols that tell a story with meaning.

DATE Friday 12th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

JEWELLERY MAKING

Calling all budding Jewellery makers; Here is your chance to come along to design and create your own unique pieces of Jewellery to take home or give as a gift. You will get the opportunity to explore a variety of techniques while also varied materials.

DATE Tuesday 16th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

KIDS IN THE KITCHEN

Kids in the kitchen offers hands on cooking experience for all primary children. Our young master chefs will improve their skills in the kitchen while preparing their own meals in an encouraging atmosphere. Come along to mix, measure, and have fun in the kitchen. The children are welcome to enjoy the meals they have prepared together or take home to share with their families.

DATES: Monday 1st July 2024 - Japan
Wednesday 3rd July 2024 - Lunch box fillers
Friday 5th July 2024 – Winter Warmers
Tuesday 9th July 2024 – Celebrating Indigenous culture
Monday 15th July 2024 – Italian

SESSION 9:00am to 3:00pm

COST \$140 per day

LATORTA - CREATING A 'SNOW BEANIE' THEMED CAKE

Excursion

Do you love cakes? Come along and learn how to decorate your very own cake or cupcakes with La Torta. La Torta will be running the workshop at their new location in Fyshwick, in the purpose-built kitchen. The children will learn all the tricks of trade with regards to cake decorating.

DATE Wednesday 17th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

MACRAME WORKSHOP

Macrame is the technique of crafting a textile that uses several knots to form a variety of items including jewellery, décor and hanging pieces. Each knot can be created with your hands and only requires one mounting ring to hold in place. Come along and learn a new skill and take home your very own masterpiece.

DATE Thursday 4th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

MOSAIC ART WORKSHOP

Come along and decorate a pot, mirror or coaster to take home.

Mosaic art is a healthy way to relax, exercise your problem-solving skills, while also learning a new art form. Mosaic is a form of art where a surface is covered by small pieces of stone and tiles. When these pieces are carefully placed in a particular formation, they can form intricate designs.

DATES: Friday 19th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

NATURE CRAFT

Join us for a day of creating Art and Craft using nature as the focus.

During the day you will be able to connect to the natural environment that we are fortunate to be surrounded by, where you will be able to take inspiration from what you see, hear and smell.

This inspiration will be taken back to the art room where you will be able to let your artistic abilities to flow.

Nature craft sparks creativity, provides a sensory experience, connects kids with nature, teaches them about the environment, develops fine motor skills, promotes emotional well-being, offers a fun science or math lesson, and encourages eco-friendly practices

DATE Friday 19th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

NINJA PARK-FYSHWICK

Excursion

Suitable for children in Year 3 – Year 6

Come along for a day of fun and adventure as we visit one of Canberra's new locations-Ninja Park Fyshwick.

You will get the opportunity, with the supervision of industry trained Ninja coaches, to run wild through all the obstacles including the famous warped wall and pole maze.

Key Benefits and features

- Students get to have fun while meeting crucial physical activity requirements
- Students get exposure to a variety of movement-based activities, like jumping, climbing, rolling, and running
- Students will improve their balance, coordination, and problem-solving abilities
- Students will build their teamwork and communications skills through team and partner-based games

DATE Tuesday 9th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

POKÉMON- STUDY THEM ALL.

Suitable for children in Kindergarten to Year 2

Do you have a favourite Pokémon? Did you know that many of them are based on real living or extinct creations? Through many forms Pokémon have become part of our lives and now you can explore and share more about theirs. The day will include games, activities and craft based around these pocket monsters. A quiz to test your Poke IQ, create your own new Pokémon or even make a pokeball.

There may also be a chance to visit the Virtual Pokémon Fossil Museum in Japan. So, trainers, get ready to catch them all.

DATE Thursday 18th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

POWERKARTS RACEWAY

Excursion

Suitable for children over 124cm tall.

Ever dream of being the next Lewis Hamilton? Here is your opportunity to gain some experience or brush up on your go-karting skills over the 320-metre indoor racetrack.

Come along and enjoy a day of racing in a safe and exciting environment.

DATE: Tuesday 2nd July 2024

SESSION 9:00am to 3:00pm

COST \$167per day

RESIN WORKSHOP

Children will have the opportunity to learn the art of Resin mixing and pouring techniques while making their own unique creations. They will be able to mix in coloured powders as well as a range of additions (flowers, glitter, leaves) to add that personalised touch.

During this experience the children will have the freedom to make a Trinket tray, Keyring or earrings.

DATES: Wednesday 24th April 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

RUGBY WORKSHOP

Excursion

Calling all Rugby League fans. Come along dressed in your favourite team's gear as we go on a tour of the Canberra Raiders HQ Training facility in Braddon. We will have a behind the scenes look at where the NRL team train as well as the facilities they use. At completion of the tour, we have been invited to watch a field training session. When the training finishes, we will have the opportunity to meet some of the NRL squad, so bring along any merch you would like to get signed:)

DATE Wednesday 17th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

SCIENCE - PHYSICS: THE REAL USE OF FORCE

Not so long ago in a galaxy that we call home, we discovered that the universe is ruled by forces. They push, pull and spin. How they work and what limits them will be the focus of today's experiments.

We will also look at the limits of forces and compare them to what we might see in movies like Star Wars and Star Trek or Tv Sci-Fi shows.

DATE Tuesday 9th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

SCIENCE - REACTIONS: MARVELOUS MIXTURES AND CHEMICAL REACTIONS.

Come along for a lesson on Chemistry, the branch of science that is focused on the investigation of the properties and reactions of matter. This program will include collecting data, interactive science activities and conducting experiments. Some experiences will take place outdoors, so make sure you bring along a warm jacket and beanie.

Reactions can be a bit messy sometimes, so don't wear your best clothes in case.

DATE: Tuesday 16th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

SOAP AND BATH BOMBS

Come along to this one-day programme and learn how to make your very own soap and bath bombs. It will be a fun filled days as the children explore the soap making techniques. You can get creative with the recipes and make your very own blend, using native ingredients. Homemade soaps and bath bombs make for great gifts.

DATE Monday 8th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

SOCCER COACHING CLINIC WITH KELLY STIRTON - PARA-MATILDAS COACH

Incursion

Come along and learn the art of Soccer from Kelly Stirton who is the inaugural coach of the Para Matildas team. She brings with her a wealth of knowledge and experience in coaching athletes all abilities and levels of soccer. Kelly was blown away by the children's skills and interest in Soccer and can't wait to come back and further impart her knowledge with the children. She has promised to bring along some give aways.



Due to the popularity of this session last holidays, we have decided to hold the session over 2 days.

DATE: Thursday 17th July 2024 – Kindergarten - Year 2

Friday 18th July 2024 - Year 3 - Year 6

SESSION 9:00am to 3:00pm

COST \$140 per day

TIE DYE

There are endless patterns you can create with tie dyeing. Tie dying is not limited to just tee-shirts, it could be a hat, a handkerchief, a bag, or a pillowcase. The opportunities are endless! This one-day program will allow students the opportunity to create their very own one of kind artwork!

DATE Wednesday 3rd July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

TREE-TOPS ADVENTURES

Excursion

Suitable for children aged 8 and above

Join us in visiting Canberra's newest outdoor attraction 'Treetops Adventures'.

The children will have the opportunity to explore through the colour coded courses, which cater for varied abilities from low easy levels up to heart racing high challenges. This facilitates the opportunity of how to encourage one another through difficult situations whilst building lasting trust. Before the session begins the children will be given a safety briefing with harnessing and training on how to safely navigate the courses.

By taking part in this exciting adventure the children will be able to learn skills such as:

- Heights allow individuals to push personal boundaries.
- Encourages physically activity away from the usual activities.
- Engagement with the outdoors and nature.
- Facilitates interpersonal skills and builds confidence.

Participants are required to wear secure, enclosed shoes (such as sneakers), to participate. We recommend weather appropriate clothing, suitable for both the harness and physical activity. We do not recommend crop-tops, shorts and skirts that can ride up when worn with the harness. Long hair must be tied back. Gloves are provided for the day.

DATES: Friday 19th July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

VR CANBERRA

Excursion

Suitable for children in Years 3 – Year 6

Come along and explore the world of Virtual Reality! The children will have an opportunity to experience state of the art virtual reality games and rides. It is bound to be a day full of amazing experiences.

DATE Monday 1st July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

WICK'D CANDLES

Ever wondered how candles are made? This one-day programme provides an opportunity for your child to create their very own candles. It is a great opportunity to create their very own gift for loved ones.

DATES 15 January 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

WINTER CRAFTS

Come along in your most comfortable winter attire for this workshop, where you will have the opportunity to let your creative abilities come to life.

A range of art and craft products will be available to decorate an umbrella as well as creating Winter themed craft projects.

We may even get the chance to warm up with a hot chocolate

DATE Monday 1st July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

WIRE CREATIONS

Come along to our Wire Creations workshop, where you will be able to use wire, to create a range of items. Feel free to bring along inspiration for your designs.

We will provide a range of different wire as well as beads and crystal chips (Feedback taken during the April Holidays).

DATE: Tuesday 2nd July 2024

SESSION 9:00am to 3:00pm

COST \$140 per day