

EXPAND SCHOOL HOLIDAY ACTIVITIES – October 2024

WEEK	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Week 1 30 September – 4 October	30 SEPTEMBER <ul style="list-style-type: none"> Holey Moley <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Kids in the Kitchen - Mexican Floriade and Art class with Mr Shiv <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt 	1 OCTOBER <ul style="list-style-type: none"> Black Wattle Alpaca Farm <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Resin workshop with Jenni Polymer Clay Workshop 	2 OCTOBER <ul style="list-style-type: none"> Latorta <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Rugby Skills and Brumbies HQ Tour <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Chess 	3 OCTOBER <ul style="list-style-type: none"> Aerial Sports <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Kids in the Kitchen - Italian Sew, stitch, make, mend - An introduction to sewing and Basic projects 	4 OCTOBER <ul style="list-style-type: none"> Wire Creations - Creating Dream catchers Macramé Kids in the Kitchen - Indian
Week 2 7 – 11 October	7 OCTOBER <i>Public Holiday</i>	8 OCTOBER <ul style="list-style-type: none"> VR <i>Excursion</i> Please come to Holiday Programme wearing your CGS PE Polo Shirt Learn the basics of Patchwork with Jenni Cupcakes with Frankie Bear Bakes and Designs 	9 OCTOBER <ul style="list-style-type: none"> Make your own Terrarium Cookies with Frankie Bear Bakes and Designs Chess 	10 OCTOBER <ul style="list-style-type: none"> Science- Under Pressure Soccer workshop with Para-Matildas coach (Kindergarten – Year 2) Tie Dye 	11 OCTOBER <ul style="list-style-type: none"> Kids in the Kitchen-Lunch Box Fillers Soccer workshop with Para-Matildas coach (Year 3 - 6) Paper Creations

CGS CARE EXPAND

The CGS Care Expand programme offers specialised experiences and excursions across a variety of learning areas. These programmes provide children with the opportunity to foster and enhance skill sets and interests that align with their cultural, creative, physical, and technological intelligence.

All activities commence at 9:00am, however, children may be dropped off between 7:30am to 8:15am at the International Centre Foyer, from 8:15am-9:00am please drop the children off at PS 137. From here, the children will be escorted by CGS Care educators to the area where their activity will commence.

At the completion of each day's activity, the children will be provided with a light afternoon tea on the terrace at the Southside building, this occurs at 3:00pm. Children can be collected from this location until 3:30pm. Educators then separate children into their respective programmes for the remainder of the afternoon, K-1 in the Southside Building and Year 2-6 Children in the International Centre.

Use the Xplor Home App to make a booking or email your request to

cgscare@cgs.act.edu.au

Childcare subsidy is claimable for all bookings of primary children.

For further information, please contact CGS Care on +61 (2) 6260 9656

or cgscare@cgs.act.edu.au

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AREIAL SPORTS

Excursion

Acrobatics is the art of counterbalance and feats of strength. This programme will explore basic aerial acrobatics with a mix of Circus skills. It's an opportunity for children to build strength, flexibility and knowledge of the Acrobatic Industry as well as taking risks in a fun environment.

This is a mixed level class, so children of all abilities can join in.

What to wear: Please make sure your child wears long tights that cover the backs of their legs, and a long top that stays in place during flips. Additionally, ensure their long hair is tied up to prevent it from getting caught.

DATE Thursday 3rd October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

BLACK WATTLE ALPACA FARM

Excursion

Let's get out and enjoy the fresh spring air on a visit to Black Wattle Farm. The children will take part in a guided tour of the Farm, while also meeting and feeding the various animals. They will have the opportunity to get photos with them.

When the tour has concluded the children will have the chance to relax with morning tea provided by Blackwattle Farm before taking part in a guided painting experience.

DATE Tuesday 1st October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

CHESS

Come along and learn how to play chess with the Sydney Academy of Chess. This programme is suitable for children of all abilities. Children will participate in demonstrative lessons and then apply their knowledge in a variety of chess competitions and activities. The programme is designed to teach children chess strategies while playing the game.

DATES Wednesday 2nd October and Wednesday 9th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

FLORIADE-PAINTING WORKSHOP WITH MR SHIV

Excursion

As a welcome to Spring we will be venturing to Floriade, where we will take in all the fabulous colours, gardens and designs.

The children will get the opportunity to take a ride on the Ferris Wheel where they will be able to take in all the sites from above, gaining an all over perspective. They will then take a walk around the various garden displays to get a closer view of the textures and colours. We will then take a break and enjoy our own picnic lunch before taking part in an Art Workshop with Mr Shiv. The children will be invited to sketch, draw or use watercolours to create an artwork that draws inspiration from Floriade.

The children will also be given the opportunity to capture what they see via the school photography cameras.

DATE Monday 30th September 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

FRANKIE BEAR DESIGNS- CUPCAKES AND COOKIES

Incursion

Kirralea has worked with school-age children for the past 17 years and recently launched Frankie Bear Bakes and Designs. She will teach the children various baking and decorating techniques. On Tuesday, the kids will bake cupcakes, and on Wednesday, they'll make cookies. You can choose to book for either day or both. The children will have the chance to take home their baked goods to share with their families.

DATE: Tuesday 8th and Wednesday 9th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

HOLY MOLY GOLF AND CHALLENGE ROOMS

Excursion

Suitable for children in Kindergarten– Year 6

Join us for a fun-filled day of adventure! Children will enjoy 18 rounds of mini golf and tackle 2 sets of Challenge Rooms, competing with their peers to see who comes out on top. The day will wrap up with a well-deserved lunch, where everyone can relax and share stories of the day's excitement

DATE Monday 30th September 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

KIDS IN THE KITCHEN

Kids in the kitchen offers hands on cooking experience for all primary children. Our young master chefs will improve their skills in the kitchen while preparing their own meals in an encouraging atmosphere. Come along to mix, measure, and have fun in the kitchen. The children are welcome to enjoy the meals they have prepared together or take home to share with their families.

DATES:

Monday 30th September 2024 - Mexican

Thursday 3rd October 2024 - Italian

Friday 4th October 2024 - Indian

Friday 11th October 2024 - Lunch Box fillers

SESSION 9:00am to 3:00pm

COST \$140 per day

LATORTA – GRAVITY DEFYING POURING SKITTLES CAKE

Excursion

Do you love cakes? Come along and learn how to decorate your very own cake with La Torta. La Torta will be running the workshop at their new location in Fyshwick, in the purpose-built kitchen. The children will learn all the tricks of trade with regards to cake decorating.

DATE Wednesday 2nd October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

MACRAME WORKSHOP

Macrame is the technique of crafting a textile that uses several knots to form a variety of items including jewellery, décor and hanging pieces. Each knot can be created with your hands and only requires one mounting ring to hold in place. Come along and learn a new skill and take home your very own masterpiece.

DATE Friday 4th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

MAKE YOUR OWN TERRARIUM

Come along for a day of fun and creativity! Our workshop will cover the basics of terrarium making, its recipe and variations. You will given a demonstration of how to create your own Terrarium. You then will have plenty of time to design and make your own terrarium with the help of our friendly educator. This terrarium is yours to keep and take home!

You will also decorate a small terracotta pot and place some mystery seeds in - I wonder what will grow?!

DATE Wednesday 9th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

PAPER CREATIONS

Spring has sprung! Join us to explore the art of paper craft. You'll learn various techniques to create a blooming bouquet of flowers and add charming origami insects. We'll also challenge your creativity with paper windmills. From origami to paper folding and cutting, this workshop will introduce you to a range of exciting techniques

DATE Friday 11th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

POLYMER CLAY WORKSHOP

Come along to the Polymer clay workshop, where you will have the opportunity to let your creativity flow freely. We will investigate a range of techniques that may be used to create patterns, shapes and make a marbling effect by mixing different colours.

You will be able to manipulate the clay in various ways to create Jewellery, Key rings, Beads or come up with your own unique designs.

DATE Tuesday 1st October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

PATCHWORK- LEARN THE BASICS OF PATCHWORK

Children will have the chance to learn the basics of patchwork. Learn how to cut a pattern, choose the correct fabric and put together a cushion cover, stuffed toy or your own unique project. Patterns and fabric will be provided, and you'll have the chance to practice both hand sewing and machine work

DATE Tuesday 8th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

RESIN WORKSHOP

Children will have the chance to explore the art of resin mixing and pouring techniques while creating their own unique designs. They can mix in coloured powders and personalise their creations with additions like flowers, glitter, and leaves. The children will be invited to design and craft their own round tray with either a beach or flower theme, based on feedback from the last holidays. They'll also have the freedom to make resin creations using various moulds

DATE: Tuesday 1st October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

RUGBY SKILLS AND BRUMBIES HQ TOUR

Calling all emerging Rugby players and fans, this is your opportunity to learn skills from an International Rugby player Bianca. We will start the day by exploring the Brumbies training headquarters, where we will have the opportunity to see what it takes to become a Rugby player.

When we return to campus, Bianca will put the children through their paces with a range of training drills before having the show casing these skills in a game.

DATE Wednesday 2nd October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

SEW, STITCH, MAKE, MEND - AN INTRODUCTION TO SEWING AND BASIC PROJECTS

Sewing is a skill everyone should learn and can be a great way to save a favourite piece of clothing, fix a holey sock or sew on a lost button. From there the opportunities are limited only by your imagination. Spend the day learning a few basic stitches and skills and start a small project or two. Those who have already started the journey into textile creations can skip straight to work on a project. Materials provided, but if you have questions about how to save or fix a favourite item, then bring it along. Hand sewing and machine basics will be covered.

DATE Thursday 3rd October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

SCIENCE - UNDER PRESSURE

What keeps us the right shape? How does a bubble work? What stops us diving to the bottom of the ocean, but lets other creatures live there? What shape is air? These are all pressing questions, come and do a few experiments and discover the answers and more. While pressure is important, it is also lots of fun to play with.

DATE: Thursday 10th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

SOCCER COACHING CLINIC WITH KELLY STIRTON - PARA-MATILDAS COACH

Incursion

Come along and learn the art of Soccer from Kelly Stirton who is the inaugural coach of the Para Matildas team. She brings with her a wealth of knowledge and experience in coaching athletes all abilities and levels of soccer. Kelly was blown away by the children's skills and interest in Soccer and can't wait to come back and further impart her knowledge with the children. She has promised to bring along some give aways.

DATE: Thursday 10th October 2024 – Kindergarten - Year 2

Friday 11th October 2024 – Year 3 - Year 6

SESSION 9:00am to 3:00pm

COST \$140 per day

TIE DYE

The possibilities with tie-dye are endless! It's not just for T-shirts—you can tie-dye hats, handkerchiefs, bags, or pillowcases. This one-day program gives children the chance to create their own unique piece of art!

DATE Thursday 10th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

VR CANBERRA

Excursion

Suitable for children in Years 3 – Year 6

Come along and explore the world of Virtual Reality! The children will have an opportunity to experience state of the art virtual reality games and rides. It is bound to be a day full of amazing experiences.

DATE Tuesday 8th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day

WIRE CREATIONS- DREAM CATCHERS

Join our Wire Creations workshop and design your own personalized Dream Catcher! Using wire, feathers, various cords, beads, and other materials, you'll have everything you need to create a unique piece. This workshop was planned in response to the children's interest during the July school holidays, and we're excited to see their creativity come to life!

DATE: Friday 4th October 2024

SESSION 9:00am to 3:00pm

COST \$140 per day