

## EXPAND SCHOOL HOLIDAY ACTIVITIES – September / October 2025

| WEEK                                      | MONDAY                                                                                                                                                                | TUESDAY                                                                                                                                                                           | WEDNESDAY                                                                                                                                                | THURSDAY                                                                                                                                                                                      | FRIDAY                                                                                                                                                                      |
|-------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|----------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------------|-----------------------------------------------------------------------------------------------------------------------------------------------------------------------------|
| <b>Week 1</b><br>29 September – 3 October | <b>29 SEPTEMBER</b> <ul style="list-style-type: none"> <li>Tree Tops <i>Excursion</i></li> <li>Woodwork – Aeroplane</li> <li>Create your own polymer beads</li> </ul> | <b>30 SEPTEMBER</b> <ul style="list-style-type: none"> <li>Murrumbateman Chocolate workshop <i>Excursion</i></li> <li>Resin with Jenny</li> <li>Design your own Helmet</li> </ul> | <b>1 OCTOBER</b> <ul style="list-style-type: none"> <li>Latorta <i>Excursion</i></li> <li>Dance workshop</li> <li>Kids in the kitchen- Baking</li> </ul> | <b>2 OCTOBER</b> <ul style="list-style-type: none"> <li>Canberra Trampoline Gymnastics Club Greenway <i>Excursion</i></li> <li>Kids in the Kitchen- Movie Snacks.</li> <li>Tie Dye</li> </ul> | <b>3 OCTOBER</b> <ul style="list-style-type: none"> <li>Black Wattle Farm <i>Excursion</i></li> <li>Kids in the Kitchen- Italian</li> <li>Jewellery Making</li> </ul>       |
| <b>Week 2</b><br>6 – 10 October           | <b>6 OCTOBER</b><br><i>Public Holiday</i>                                                                                                                             | <b>7 OCTOBER</b> <ul style="list-style-type: none"> <li>Metaphysica <i>Excursion</i></li> <li>Macrame</li> <li>Discover Science with Jenny</li> </ul>                             | <b>8 OCTOBER</b> <ul style="list-style-type: none"> <li>B.firm <i>Excursion</i></li> <li>Chess</li> <li>Cookies with Frankie Bears</li> </ul>            | <b>9 OCTOBER</b> <ul style="list-style-type: none"> <li>Golf at the International Golf Course <i>Excursion</i></li> <li>Create your own Bath bombs</li> <li>Cupcake workshop</li> </ul>       | <b>10 OCTOBER</b> <ul style="list-style-type: none"> <li>Floriade (View and painting workshop) <i>Excursion</i></li> <li>Wire Creations</li> <li>Candle Workshop</li> </ul> |

# CGS CARE EXPAND

The CGS Care Expand programme offers specialised experiences and excursions across a variety of learning areas. These programmes provide children with the opportunity to foster and enhance skill sets and interests that align with their cultural, creative, physical, and technological intelligence.

All activities commence at 9:00am, however, children may be dropped off between 7:30am to 8:15am at the International Centre Foyer, from 8:15am-9:00am please drop the children off at PS 137. From here, the children will be escorted by CGS Care educators to the area where their activity will commence.

At the completion of each day's activity, the children will be provided with a light afternoon tea on the terrace at the Southside building, this occurs at 3:00pm. Children can be collected from this location until 3:30pm. Educators then separate children into their respective programmes for the remainder of the afternoon in the International Centre.

Use the Xplor Home App to make a booking or email your request to

**[cgscare@cgs.act.edu.au](mailto:cgscare@cgs.act.edu.au)**

Childcare subsidy is claimable for all bookings of primary children.

For further information, please contact CGS Care on +61 (2) 6260 9656

or **[cgscare@cgs.act.edu.au](mailto:cgscare@cgs.act.edu.au)**

## CONTENTS

|                                                         |    |
|---------------------------------------------------------|----|
| BATH BOMBS .....                                        | 4  |
| B.FIRM .....                                            | 4  |
| CANBERRA TRAMPOLINE GYMNASTICS CLUB .....               | 5  |
| CANDLE WORKSHOP .....                                   | 5  |
| CHESS.....                                              | 5  |
| CHOCOLATE MAKING WORKSHOP AT MURRUMBATEMAN AND CO ..... | 6  |
| COOKIES WITH FRANKIE BEAR BAKES .....                   | 6  |
| CREATE YOUR OWN POLYMER CLAY BEADS.....                 | 6  |
| CUPCAKE WORKSHOP.....                                   | 7  |
| DANCE WORKSHOP.....                                     | 7  |
| DECORATE YOUR OWN HELMET .....                          | 7  |
| DISCOVER SCIENCE WITH JENNY .....                       | 8  |
| FLORIADE – VIEW AND PAINTING WORKSHOP .....             | 8  |
| GOLF AT THE INTERNATIONAL GOLF COURSE .....             | 9  |
| JEWELLERY MAKING.....                                   | 9  |
| KIDS IN THE KITCHEN.....                                | 9  |
| LATORTA – CAKE DECORATING WORKSHOP .....                | 10 |
| MACRAME WORKSHOP .....                                  | 10 |
| METAPHYSICA .....                                       | 10 |
| RESIN WORKSHOP.....                                     | 11 |
| TIE DYE WORKSHOP.....                                   | 11 |
| TREE TOPS ADVENTURES.....                               | 12 |
| WIRE CREATIONS .....                                    | 12 |
| WOODWORK- CREATE YOUR OWN AEROPLANE .....               | 12 |

## BATH BOMBS

Making bath bombs is a hands-on activity that combines creativity with basic science. Each child will get to mix simple ingredients, that are often found in most kitchens, like baking soda, citric acid and essential oils to create colourful fizzy bath bombs that can be taken home to enjoy or gift.

This process encourages teamwork, how to follow instructions and measuring skills all while sparking curiosity about chemical reactions. It's a great way for children to explore scents and colours while expressing themselves artistically and then getting to enjoy the satisfaction of making their own bath bombs.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Thursday 9 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

## B.FIRM

### Excursion

Be prepared to work up a sweat, while you navigate your way through a range of obstacles and activities while being guided by the staff from B.FIRM. You will be encouraged to develop your teamwork skills while working alongside your peers to navigate what you are faced with, while building confidence and becoming physically active. The course will be adjusted to suit the needs of all ages.

Make sure you wear comfortable clothing and enclosed shoes (preferably sport shoes that you don't mind getting dirty).

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Thursday 8 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

**UNIFORM REQUIREMENTS:** Please bring along spare clothing and shoes that you are ok with getting messy, as well as a towel and body wash for getting clean after the session.

## **CANBERRA TRAMPOLINE GYMNASTICS CLUB**

### **Excursion**

Come along for an action-packed day while learning all the tips and tricks of Trampoline Gymnastics. In this class you will learn a range of skills on both trampoline and double mini trampoline alongside peers.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Thursday 2 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

**UNIFORM REQUIREMENTS:** Blue school polo shirt is to be worn. Please remove all jewellery and watches and make sure long hair is put up.

Wear comfortable, stretchy clothing with no zips that could be caught in the trampoline bed.

## **CANDLE WORKSHOP**

Come along for a day of discovery where you will learn the skill of candle and soap making.

This workshop combines Maths and Science concepts as you mix, pour, add and stir a range of ingredients together.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Friday 10 October 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

## **CHESS**

### **Incursion**

Come along and learn how to play chess with the Sydney Academy of Chess. This programme is suitable for children of all abilities. Children will participate in demonstrative lessons and then apply their knowledge in a variety of chess competitions and activities.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Wednesday 8 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

## CHOCOLATE MAKING WORKSHOP AT MURRUMBATEMAN AND CO

### Excursion

Your golden ticket to chocolate heaven is awaiting. Come along as we learn about the world of chocolate at Murrumbateman Chocolate Co. During the workshop you will be able to create your own unique combinations of flavours and decorations.

**AGE GROUP:** Kindergarten to Year 6

**MAXIMUM PARTICIPANTS:** 9

**DATE:** Monday 29 September 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

**UNIFORM REQUIREMENTS:** Blue school polo shirt is to be worn.

## COOKIES WITH FRANKIE BEAR BAKES

### Incursion

Kirrlea has worked with school-age children for the past 17 years and started Frankie Bear Bakes and Designs as a hobby. She will teach the children various baking and decorating techniques. The children will have the chance to take home their baked sugar cookies to share with their families.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Wednesday 8 October 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

## CREATE YOUR OWN POLYMER CLAY BEADS

Polymer bead creating is a fun and versatile craft that allows children of all ages to design and make their own unique beads using polymer clay. This process involves shaping colourful clay into small beads, which can be moulded, textured and combined in endless ways before being hardened in an oven. Creating polymer beads encourages creativity and fine motor skills as the budding designers experiment with patterns, colours and shapes. The beads can be used to make personalised jewellery, keychains or decorative items.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Monday 29 October 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

### **CUPCAKE WORKSHOP**

Come along for a busy day of creating Cupcakes. You will be able to choose between chocolate or vanilla cupcakes. We will provide you with a range of sprinkles and icing where your imagination will be able to run free as your ideas and designs come to life.

**AGE GROUP:** Kindergarten to Year 6

**DATE** Thursday 9 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

### **DANCE WORKSHOP**

Calling all budding dancers- Come along for a day of exploring a range of dance styles.

You will have the opportunity to work alongside your peers to also choreograph your own dance, combining the various dance moves learnt throughout the day.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Wednesday 1 October 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

### **DECORATE YOUR OWN HELMET**

The first step to creating a safe experience while getting out and exploring the outdoors, whether it be via bike, scooter or skateboard, is to make sure you have the correct gear. During this workshop you will be able to explore your creative flair while designing your own helmet.

Bring along your bike, scooter or skateboard so you can test out your new helmet in the afternoon.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Wednesday 1 October 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

**REQUIREMENTS:** Please bring along your bike, scooter or skateboard.

## **DISCOVER SCIENCE WITH JENNY**

Science makes the world go round, literally. Just how much science do you encounter in your life that you couldn't live without? Have some fun investigating the extraordinary things that we overlook in our daily lives. With fun, games, experiments and more.

Bring along your questions and let's discover some answers.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Tuesday 7 October 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

## **FLORIADE – VIEW AND PAINTING WORKSHOP**

### **Excursion**

As a welcome to Spring we will be venturing to Floriade, where we will take in all the fabulous colours, gardens and designs.

The children will get the opportunity to take a ride on the Ferris Wheel where they will be able to take in all the sites from above, gaining an all over perspective. They will then take a walk around the various garden displays to get a closer view of the textures and colours. We will then take a break and enjoy our own picnic lunch before taking part in an Art Workshop. The children will be invited to sketch, draw or use watercolours to create an artwork that draws inspiration from Floriade.

The children will also be given the opportunity to capture what they see via the school photography cameras.

**AGE GROUP:** Kindergarten to Year 6

**MAXIMUM PARTICIPANTS:** 16

**DATE:** Friday 10 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

**UNIFORM REQUIREMENTS:** Blue school polo shirt is to be worn. Please wear comfortable walking shoes.



## **GOLF AT THE INTERNATIONAL GOLF COURSE**

### **Excursion**

Are you a fan of Golf or would you like to improve your skills? Come along and join us for a day out at the driving range to practise your swings. Following this we will have a round of 18 holes in Pitch and Putt to put your skills to the test.

**AGE GROUP:** Kindergarten to Year 6

**MAXIMUM PARTICIPANTS:** 9

**DATE:** Thursday 9 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

**UNIFORM REQUIREMENTS:** Blue school polo shirt is to be worn.

## **JEWELLERY MAKING**

Calling all budding Jewellery makers; Here is your chance to come along to design and create your own unique pieces of Jewellery to take home or give as a gift. You will get the opportunity to explore a variety of techniques while also varied materials.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Friday 3 October 2025

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

## **KIDS IN THE KITCHEN**

Kids in the kitchen offers hands on cooking experience for all primary children. Our young master chefs will improve their skills in the kitchen while preparing their own meals in an encouraging atmosphere. Come along to mix, measure, and have fun in the kitchen.

Please feel free to bring along any favourite family recipes that we could use in future sessions.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Wednesday 1 October 2025 - Baking

Thursday 2 October 2025 – Movie Snacks

Friday 3 October 2025 – Italian

**SESSION:** 9:00am to 3:00pm

**COST:** \$150 per day

## **LATORTA – CAKE DECORATING WORKSHOP**

### **Excursion**

Do you love cakes? Come along and learn how to decorate your very own cake with Latorta. Staff from Latorta will be running the workshop at their new location in Fyshwick, in the purpose-built kitchen. The children will learn all the tricks of trade with regards to cake decorating and will bring a cake home to share with Family.

**AGE GROUP:** Kindergarten to Year 6

**MAXIMUM PARTICIPANTS:** 16

**DATE:** Wednesday 1 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

**UNIFORM REQUIREMENTS:** Blue school polo shirt is to be worn.

## **MACRAME WORKSHOP**

Macrame is the technique of crafting a textile that uses several knots to form a variety of items including jewellery, décor and hanging pieces. Each knot can be created with your hands and only requires one mounting ring to hold in place. Come along and learn a new skill and take home your very own masterpiece.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Tuesday 7 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

## **METAPHYSICA**

### **Excursion**

Be part of an exciting excursion to Metaphysica, where you will be immersed in the world of Virtual Reality. You will have the opportunity to take part in a range of virtual escape rooms and adventures to mystical and amazing worlds. The best part is you can even challenge your peers or go alone.

**AGE GROUP:** Year 2 to Year 6

**MAXIMUM PARTICIPANTS:** 16

**DATE:** Tuesday 7 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

**UNIFORM REQUIREMENTS:** Blue school polo shirt is to be worn.

## **RESIN WORKSHOP**

Children will have the chance to explore the art of resin mixing and pouring techniques while creating their own unique designs. They can mix in coloured powders and personalise their creations with additions like flowers, glitter, and leaves. They'll also have the freedom to make resin creations using various moulds

**AGE GROUP:** Year 2 to Year 6

**DATE:** Tuesday 30 September 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

## **TIE DYE WORKSHOP**

There are endless patterns you can create with tie dyeing. Tie dying is not limited to just t-shirts, it could be a hat, a handkerchief, a bag, or a pillowcase. The opportunities are endless! This one-day program will allow children the opportunity to create their very own one of kind artwork!

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Thursday 2 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

## TREE TOPS ADVENTURES

### Excursion

Join us in visiting Canberra's newest outdoor attraction Treetops Adventures. The children will have the opportunity to explore through the colour coded courses, which cater for varied abilities from low easy levels up to heart racing high challenges. This facilitates the opportunity of how to encourage one another through difficult situations whilst building lasting trust. Before the session begins the children will be given a safety briefing with harnessing and training on how to safely navigate the courses.

**AGE GROUP:** Kindergarten to Year 6

**MAXIMUM PARTICIPANTS:** 16

**DATE:** Tuesday 30 September 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

**UNIFORM REQUIREMENTS:** Blue school polo shirt is to be worn. *Participants are required to wear secure, enclosed shoes (such as sneakers), to participate. We recommend weather appropriate clothing, suitable for both the harness and physical activity. We do not recommend crop-tops, shorts and skirts that can ride up when worn with the harness. Long hair must be tied back. Gloves are provided for the day.*

## WIRE CREATIONS

Come along to our Wire Creations workshop, where you will be able to use wire, to create a range of items. Feel free to bring along inspiration for your designs.

We will provide a range of different wire as well as beads, crystal chips, feathers and string (just to name a few).

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Friday 10 October 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day

## WOODWORK- CREATE YOUR OWN AEROPLANE

Do you like creating things with wood? Then come along for a Woodworking session where you will develop a range of skills that you can take with you for life. You will get to hammer, sand and paint.

At the end of the day, you will get to take home your own Aeroplane.

**AGE GROUP:** Kindergarten to Year 6

**DATE:** Monday 29 September 2025

**SESSION** 9:00am to 3:00pm

**COST** \$150 per day